

# **STAR BIG BEAR RETREAT 2022**

**We are so excited to have you on our trip.**

**Here is a list of things you will need**

**\*PACK LIGHTLY! \***

- Towel
- **Sleeping bag and or Blanket and sheets!!!!**
- **PILLOW!**
- Toiletries (tooth brush, brush, etc. )
- Medicines
- Feminine Hygiene
- Clothes for the weekend (**\*\*please have girls pack clothes that are not revealing and more appropriate- no tube tops, crop tops, short shorts\*\***)
- Athletic shoes for Sunday activity
- Warm Jacket for chilly nights
- Pajamas
- Tallit & Tefillin (Boys)
- Shabbat attire (formal wear)
- Phone chargers
- MOST IMPORTANTLY...YOU!
- Pack your own KOSHER lunch for Friday

Any questions call 310-855-3656 Or email: [info@lastar.org](mailto:info@lastar.org)